

What to Expect When You go Home

INCISION

**May be sore, numb, itchy, red or
bruised looking**

Look for signs of Infection

**Chest incision may have raised area
with drainage that is clear, pinkish or
yellow orange**

What to Expect When You go Home

SHOWER DAILY

Use antibacterial soap

**Do not use powder or lotion around
incision**

**Use warm water over strips of tape
over incision**

When to see your Doctor for Follow Up

See Surgical Doctor in 3 to 4 weeks

See Cardiologist in 4 weeks

Primary Care Doctor after both these visits

When to Call Your Doctor

Signs of infection

Increase pain redness around incision

Green or yellow color drainage

Fever greater than 101

Signs the incision is pulling apart

When to Call Your Doctor

Other Problems

Heart beats (too fast, slow or skipping)

Weakness for 2 or 3 days

Fainting or dizziness

**Chest discomfort with deep breathing or
when you lie flat**

Weight gain *(2 pounds in 24 hours)

If original symptoms (angina) comes back

Activities to Avoid

Pushing

Pulling

Sweeping

Shoveling

Don't lift anything greater than 25 pounds

Do not drive till Surgeon says OK

Back to work depends on the surgeon

Medications

**Take only medications
prescribed for you**

**Check with the Doctor
before taking any new
medications**

**If taking anticoagulants –
call Doctor if any signs of
bleeding**